

Botox, Fillers & Action!

How can injectables help?

While a slew of beauty products can help in plumping, tightening and cleansing our skin, sometimes a little help from an injectable is needed. Here are six aesthetic clinics for your consideration if you're looking to iron out some creases, or lift or contour your profile.

The Belle Clinic

The treatments: Baby Botox & Fillers

"Baby Botox" is a treatment that employs smaller doses of Botox in each injection. It can involve more injection points, but since only micro-doses are used, it allows for a more natural-looking result, softening wrinkles while still allowing some facial movement and expression, which traditional Botox blocks.

This helps prevent the infamous "frozen forehead" look as it still allows the muscles to be animated, leading to a smoother, fresher, younger and also natural-looking face. What's more, it's a great preventative treatment for younger patients who don't have deep wrinkles yet but who want to prevent over-activity of muscles that are resulting in early forehead lines and crow's feet. Baby Botox has the added benefit of helping in reducing the appearance of enlarged pores and inhibiting oil production.

The Belle Clinic also uses fillers to fill deep creases and lines that have resulted from loss of collagen and elasticity in the skin, and to increase volume where it has been lost. They feel that both fillers and neuromodulators (like Botox) have a role to play in a three-dimensional approach to rejuvenation and achieving a younger, fresher look.

Since everyone has their own individual concerns, the clinic undertakes a detailed consultation with each patient to ensure that their aesthetic goal is understood and aligned with the appropriate treatment and technique.

Prices are transparent and based on the amount of product used – they start from \$250.

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